

# Mod Mandalas

Add some Modern Zen to your quilting and join me as I unlock the secrets to creating your very own modern mandala that will sparkle and shine! Constructing a mod mandala is both meditative and exciting, especially as they begin to take shape and bloom into a starry design!

\* In a 1 day workshop, participants will go through the steps by completing one or more quadrants of the Mod Mandala design. Finished Mod Mandala size will be approximately 21" square.



## Supply List:

### Fabric:

- Background Fabric: 3/4 yard (SOLID or SMALL, non-directional print that reads as a solid)
- Wide Bias Strips: 2 matching packages of Wrights .5" SINGLE fold bias tape (4 yards/package, available at most fabric/craft box stores)-Choose a color that contrasts with your background fabric
- Skinny Strips: 1/3 yard (solid or SMALL scale print: strips, dots, plaid/grid all work great, can also be used for binding)—Choose a fabric that contrasts with your background fabric. It may match, complement or contrast with your Wide Strip Bias Tape.

### Thread:

- Clear Monofilament Thread. Recommend Superior Monopoly thread—comes in clear (for light colored bias tape colors/fabrics) and smoke (for darker bias tape colors/fabrics).
- Neutral piecing thread that blends in with your background fabric (Recommend Aurifil 50 weight)

### Tools/Notions

- Clover 1/4" Bias Tape Maker (light green, #6)
- Light box that is at least 10"x12"
- Pins
- Thread Snips and Scissors for Cutting Fabric
- Iron (small travel iron is fine)/Pressing Mat
- Maryellen's Best Press—CLEAR/SCENT-FREE or Starch Spray
- Elmer's "School" Glue (bring either a fine tip applicator if you have one)
- Tape: Blue Painter's Tape and Clear Scotch Tape
- Pencil, pen or small permanent marker
- Rotary Cutting Tools: 6"x24" rotary ruler, 12" square rotary ruler, 18x24 Rotary Mat and Rotary Cutter

### Sewing Machine in good working order with the following accessories:

- Topstitch or Microtex Machine Needles Size 90
- 1/4" piecing Foot
- Open Toe Embroidery/Applique Foot (for piecing/applique)
- Extension Table
- Knee lift bar if your machine has that feature

More pictures of Mod Mandalas are posted on my website: [melbeachquilts.com](http://melbeachquilts.com)

Questions/concerns? Feel free to contact me at [melbeach@melbeachquilts.com](mailto:melbeach@melbeachquilts.com)

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